

Aftercare Procedure

1. **Golden rule** – hands must be washed when handling your earrings
2. The cleansing and turning procedure will start the morning after the day of piercing
3. Cleansing and turning will be done every morning and every evening for 6 weeks
4. **Cleansing**

Using the studex lotion provided and either a cotton wool bud or pad (whichever is easiest for you), expose the post by using your thumb to push forward and your finger to push to the back of the lobe and gently clean around the post. The post is the internal section and needs to be kept clean.

Turning

Think of your lobe as a clock, get hold of the earring with your finger and thumb and turn to five to and five past the hour approximately 20 times. Every few days you will feel the earring turning further 'around the clock'. By six weeks, the earring should be turning freely.

5. Before you go to bed, check that the back of the earring, (i.e. – the clutch), is in the QUARTER TO/PAST hour position, and NOT the 6o/c/12o/c position. This is to ensure that no pressure is up against the cartilage area at the back of the ear.
6. Before going to bed, also check that no tendrils of hair have wrapped themselves between the post and the clutch. If you see them, break them off as they can make the turning and cleansing difficult.
7. If you find cleansing and turning sticky, you can always use tea tree oil massaged in to the lobe at night, which will keep the entry greased.
8. After your 6 weeks, we would ask that you come back to us for a check-up when we will remove the clutches and replace them with plastic backs(or gold as appropriate).
9. We would suggest that you try to avoid knocking the ears, (e.g. – whilst doing sports), and avoid pets licking or nuzzling around the ear lobe area!

Finally, if you have any worries or questions, please do not hesitate to contact us.